

Saving Saffron Sweeting: Book Club Guide

Please contact me if your group will be reading *Saving Saffron Sweeting* and would like an author visit.

If your club meets within reach of the San Francisco Bay Area, let me know your tentative date and I'll attend if at all possible. Or, if you're located further away, I can often take part in your meeting by Skype.

For more information to accompany the book, please visit www.savingsaffronsweeting.com



Suggested Discussion Questions (*spoiler alert!*)

1. Early in the book, Jem suggests that Grace might have been too hasty in packing her bags and running home to England. What do you think?
2. Grace doesn't hesitate to seek comfort for her troubles in food. What other sources of comfort does she find? Which of these are sub-conscious?
3. Do you feel Amelia is right to encourage Grace to have a casual fling with Scott?
4. Do you think one of Grace's parents did cheat on the other? If so, which one? How does their relationship influence Grace's view of marriage?
5. Have you ever lived in a foreign country? Did it change you, as a person? What was it like to return 'home' after?
6. At the start of the book, Grace is floundering professionally as well as personally. Do you think the chances of being happy in a relationship increase, if you are first happy within yourself?
7. Which characters would you like to see return in a sequel? Why?